

# You've got Teladoc Health

You can bypass the credit card information screen as this telehealth visit is at no cost to employees and their dependents enrolled in our health plan!



**Teladoc**  
HEALTH

**GHT**  
WCA Group Health Trust

Access to quality care when you need it most



### General Medical (24/7 Care) | free/visit

Talk to a licensed healthcare provider for non-urgent conditions 24/7.  
Flu • Sinus infections • Sore throats • And more



### Mental Health

Talk to the therapist who's right for you by phone or video.

**free/therapist visit**

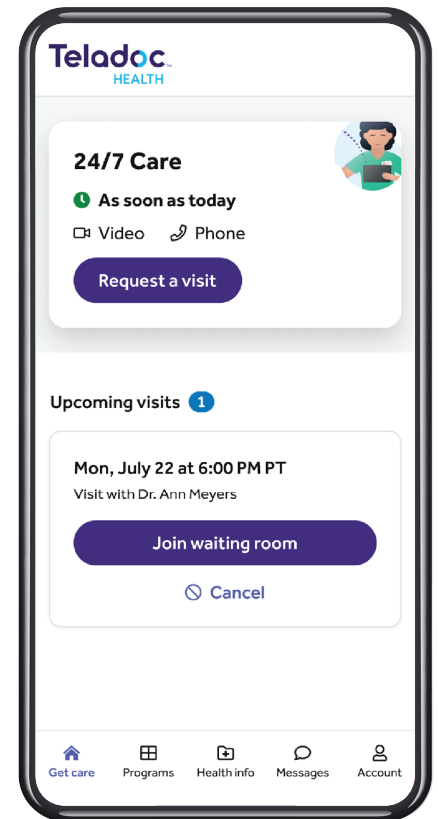
**free/psychiatrist first visit**

**free/psychiatrist ongoing visit**





### Dermatology | free/online review

Upload images of your skin issue online and get a custom treatment plan within 24 hours.



## Register or log in today

Visit [Teladoc.com](https://www.teladoc.com)

Call 1-800-TELADOC (800-835-2362) | Download the app  

Refer to your employee booklet at [umr.com](https://umr.com) for Teladoc benefits

Mental Health care is available for eligible members ages 18-plus.  
Phone and video visits are not required or part of the dermatology visit.

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