



	Benefit Contact Information	
Marathon County Website	https://www.marathoncounty.gov/about-us/careers/employee-benefits-311 www.marathoncounty.gov About Us / For Employees / Employee Benefits	
Marathon County Contact – Sharon Prasnicky	sharon.prasnicki@marathoncounty.gov	715-261-1180
Health Plan-UMR Group Health Trust	www.umar.com Betty.Quamme@charlestaylor.com or Tina.Kwiatkowski@charlestaylor.com	800-207-3172 800-236-6885
Prescription Drug Plan Prescription Mail Service	www.caremark.com www.caremark.com/mailservice	866-818-6911
Teladoc	www.Teladoc.com	800-TELADOC (800-835-2362)
Employee Health & Wellness Center	Astia Health	715-448-8575
Delta Dental	www.deltadentalwi.com	800-236-3712
Flexible Spending and Health Reimbursement Account	Carrie Lena, Diversified Benefit Services www.dbsbenefits.com	800-234-1229 x247
Wisconsin Deferred Compensation	www.wdc457.org See 'Benefits of Enrolling' page Schedule Virtual Visit Online At: https://nc_Wisconsin.timetap.com/	877-457-9327
Nationwide Retirement Deferred Compensation	Kerryl Johnson johnk46@nationwide.com	608-825-2516
Wisconsin Retirement System (WRS) / Employee Trust Funds (ETF)	Retirement/Life Insurance/Income Continuation Insurance www.etf.wi.gov	877-533-5020
Post Employment Health Plan (PEHP)	Nationwide Retirement Services	877-677-3678